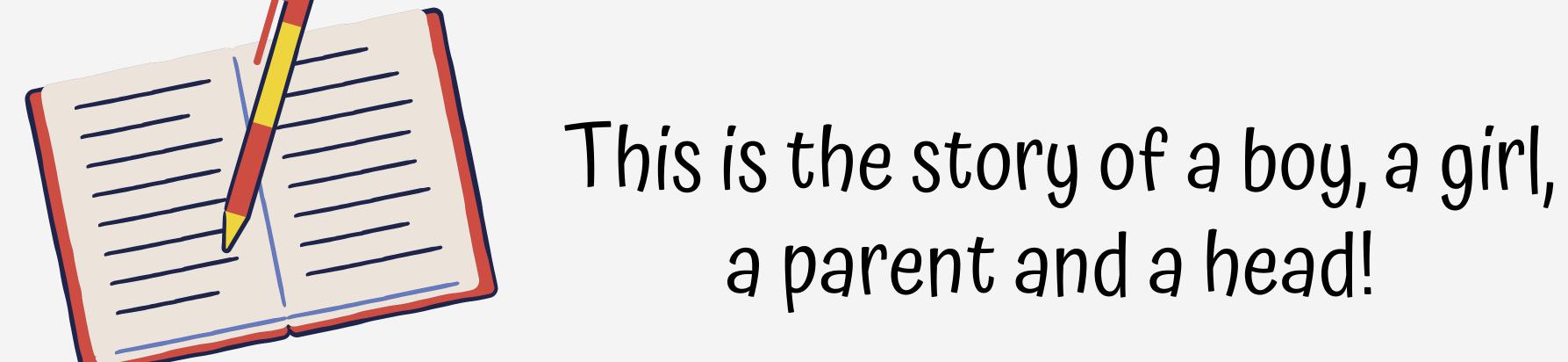
Surviving the School System... from very different angles





This isn't just a workshop — it's a window into the lives of families like ours, whose children are being broken by a system that was never built for them.





We want you to feel what it's like.

Not just know the facts

We want you to see two very real children not case studies, but humans being shaped in opposite directions by the environments around them.





## Meet Charlie

14 x fixed term exclusions

Detentions

Defiant, disruptive and dangerous to the learning of others.

We have to contact the police





# Charlie is in isolation

Charlie is out of circulation

Failed Managed Move

We will need to look at permanent exclusion

Also Charlie - Same age

Self taught guitarist

> Predicted Grade 8s

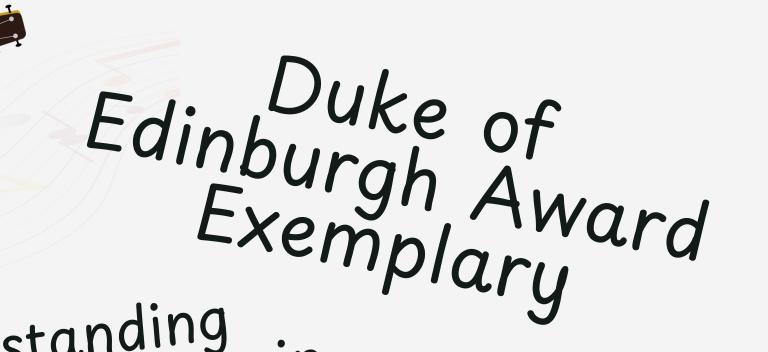
Lead guitarist in a youth talent show



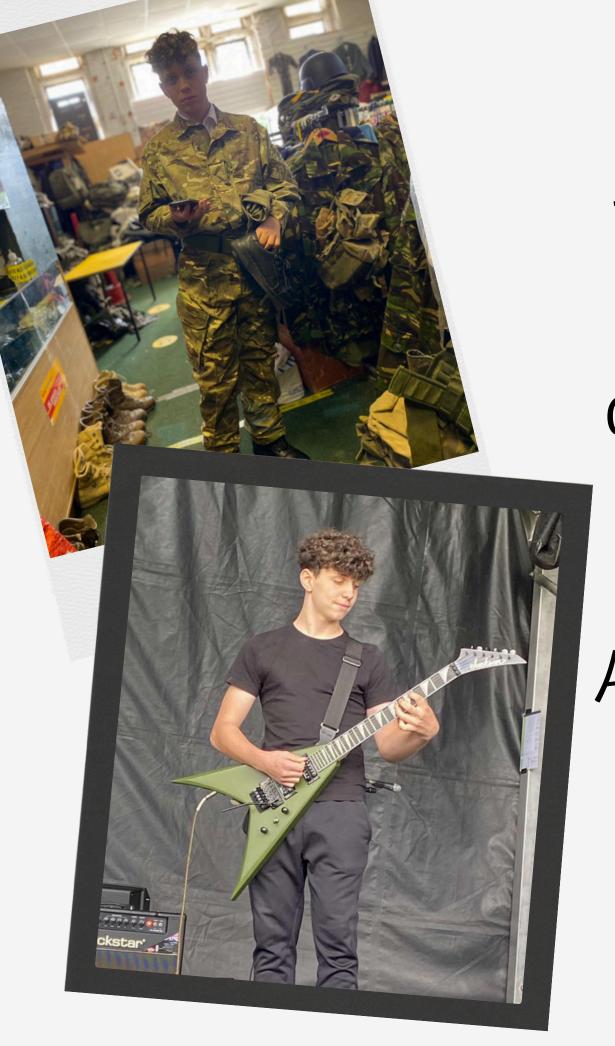


Marching in uniform as an RAF and cadet

Self taught pianist



Outstanding performance in simulated PE lesson

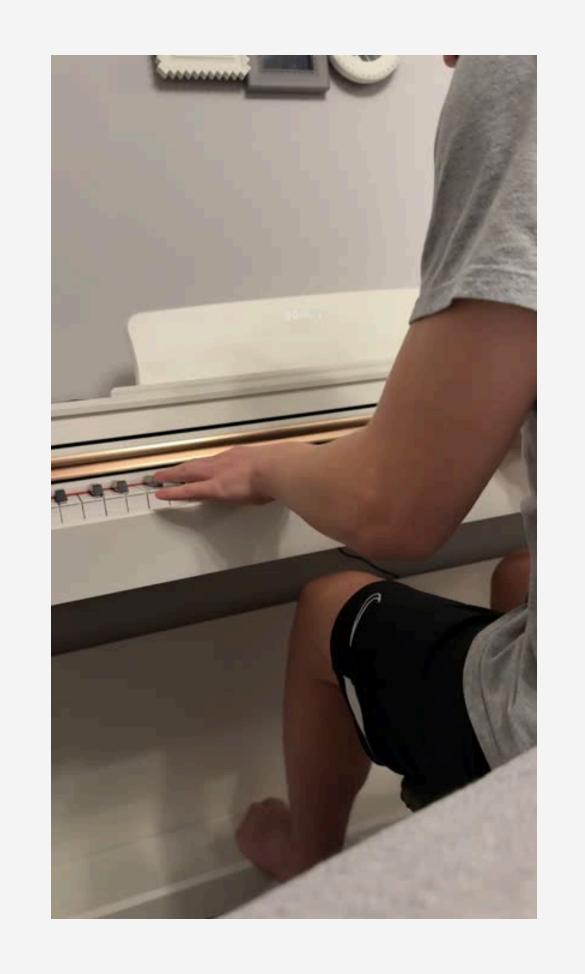


This is the same boy, at the same age - in two different environments.

One that punished his difference.

And one that recognised

his strengths.



# Meet Sara A parent and a Headteacher





## Meet Ava

# Masking

Suicidal at 9 years old

Drawing images expressing her desire to die



Compliant and quiet in school

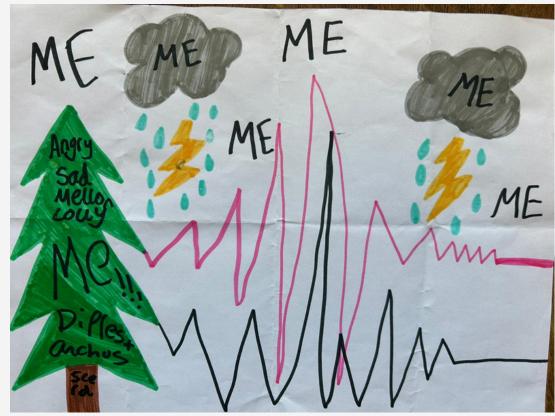
Desperately sad

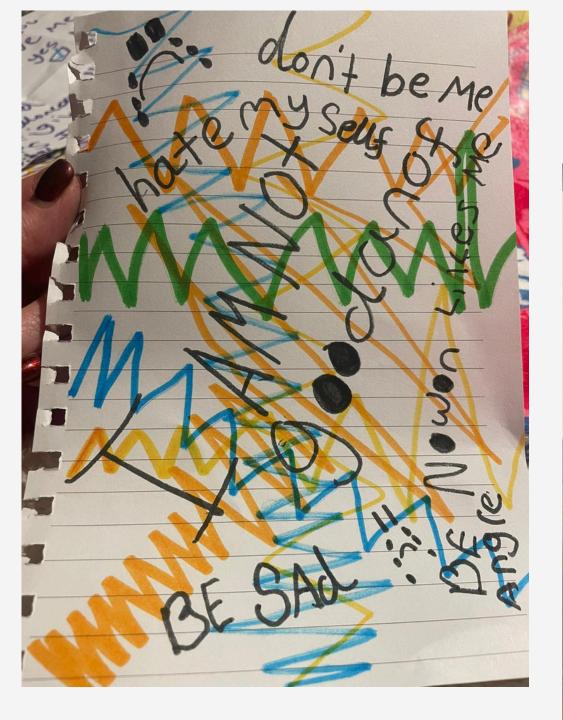
Feeling helpless & Stupid

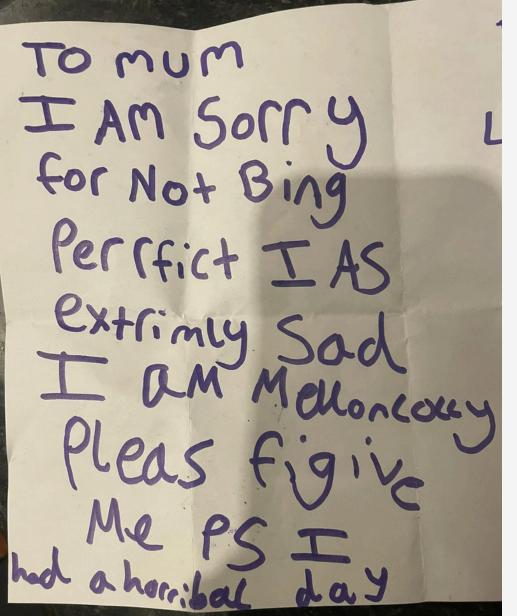
# Trigger Warning











# Confident

# Also Ava

Self-taught Level 8 gymnast

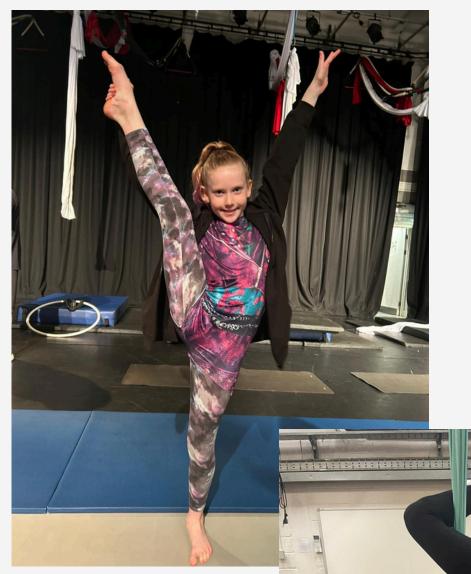


Member of a Gymnastic Squad



Autistic/ ADHD Bright & creative

Extraordinary artistic talent







This is the same girl, at the same age - in two different environments.
One that dismissed her needs.

And one that recognised and supported them.

#### A Parent's Cost of Fighting

If I hadn't fought to the death, my son would've been excluded...

If I gave up fighting to the death, my daughter would still be suicidal...

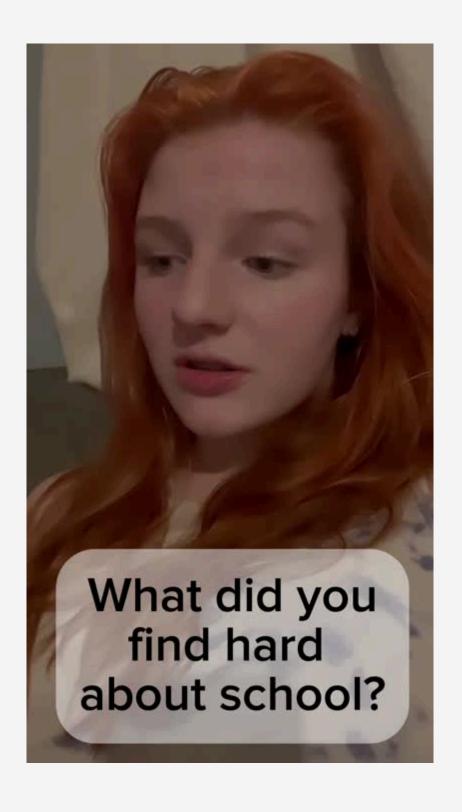
It almost broke us...

#### Exclusion Stats

Children with SEN Needs
(autism, ADHD, dyslexia, etc.) make up
15% of school population but account for
47% of permanent and 45% of fixedterm exclusions.

3107 children were permanently excluded in the UK in Spring Term 2024

**38%** of these were for persistent disruptive behaviour





#### Suicide Stats

Children with SEN have approximately 50% higher suicide risk compared to peers.

In 2021, suicides among 15–19year-olds in England rose by 35%, from 147 to 198 — the highest in 30 years

Nearly 25% of 11–16-year-olds with mental health issues have self-harmed or tried suicide

#### What now?

A Survival Guide for Parents Facing School Behaviour Battles



Practical support for parents on the edge

by Emma Whitehouse Bright Path Mediation



#### Parent's Survival Guide

Download the free guide here



#### Prison Stats

Out of 3,000 adult prisoners, those who had been excluded from school were convicted six years younger than peers—often around 12 instead of 18.

**65%** of UK prisoners have a reading age of ≤11 years, and most left school undiagnosed with dyslexia or other learning difficulties.

30% of prisoners are dyslexic, with up to 60% having serious literacy/numeracy deficits

**50%** of prisoners show signs of neurodivergence that affect engagement

#### What Educators Can Do

#### Practical Steps to Support Neurodivergent Children

- Challenge rigid policies
- Normalise reasonable adjustments
- Create and protect quiet, safe breakout spaces
- Make relationships the foundation
- Invest in comprehensive, ongoing neurodivergence training for all staff
- Early identification and support are critical.
- Push back against Local Authority delays

Research suggests that up to 75% of autistic girls remain undiagnosed or misdiagnosed during their school years



When these practical changes become part of the school's DNA, children who don't 'fit the box' will not just survive...they will thrive.





Between us, we bring the voice of a parent who almost didn't survive the system and the voice of a headteacher who couldn't keep enforcing it.

And for every professional who knows deep down — we can do better than this.

Let's build systems, let's make our children strong, resourceful and employable Let's celebrate and challenge our strong personalities, not dull them down!

Let's give our children a future built on belonging — not exclusion.







### Sara Donnelly



# Emma Whitehouse

